

PROSPECTUS



F.L.A.M.E

Festival of Language, Art, Music & Entertainment

EISTEDDFOD 2025

**CURRO HERMANUS HIGH SCHOOL
28 JULY – 2 AUGUST 2025**

The **FLAME Eisteddfod** is a celebration of creativity, talent, and artistic expression, providing young performers and artists with an opportunity to showcase their skills in a supportive and inspiring environment. Open to all students in Grades R – 12 residing in the Overstrand, the inaugural FLAME Eisteddfod promises to be a dynamic Festival of Language, Art, Music and Entertainment.

The FLAME Eisteddfod is more than a competition – it's a celebration of young talent and artistic passion. Whether you are performing, creating, or simply supporting the participants, we invite you to be part of this exciting inaugural event!

EVENT DETAILS

Dates: Monday, 28 July – Saturday, 2 August 2025

Venue: Curro Hermanus High School

CATEGORIES:

- A. Music** (Instrumental solos, ensembles, orchestras)
- B. Singing** (Solo and group performances [no less than 10 members]) and choirs
- C. Speech & Drama:** Afrikaans and/or English (Monologues, duologues, poetry recitals, dramatic extracts, and public speaking)
- D. Dance** (Solo, duet, and group performances in various dance styles)
- E. Art** (Painting, drawing, mixed media)

ADJUDICATION

The **FLAME Eisteddfod** is committed to upholding the highest standards of artistic excellence and fairness in its adjudication process.

All performances and submissions will be evaluated by an adjudicator, each bringing extensive experience in their respective fields.

All participants will receive constructive feedback to support their artistic growth, and will be presented with a certificate of participation.

Judging will be based on criteria relevant to each category, including technique, interpretation, creativity, and overall presentation.

The decisions of the adjudicators are final, and no correspondence will be entered into regarding results.



CERTIFICATES

FLAME Diploma	91 - 100%
FLAME Gold	81 - 90%
FLAME Silver	71 - 80%
FLAME Bronze	60 - 70%
FLAME Participants	59% and lower



KEY DATES

- Registration opens: Tuesday, 15 April 2025
- Closing date for entries: Friday, 20 June 2025
- Online Registration closes: Friday, 20 June 2025 at midnight

WHO CAN ENTER?

The **FLAME Eisteddfod** is open to all students between 6 and 18 years. Whether you are a budding musician, a passionate performer, or an aspiring artist, this is your platform to shine.

WHY PARTICIPATE?

- Gain valuable performance experience in a professional setting
- Receive constructive feedback from experienced adjudicators
- Develop confidence and artistic skills
- Celebrate the arts within your community
- Each participant will receive a participation certificate

10 Benefits of participating in an Eisteddfod:

1. **Boosts Confidence:** Performing in front of an audience helps children overcome stage fright and builds self-confidence.
2. **Develops Public Speaking Skills:** Participating in an Eisteddfod helps children develop essential public speaking skills, including articulation, projection, and expression.
3. **Fosters Creativity:** Eisteddfods encourage children to explore their creative side through music, dance, drama, and other performing arts.
4. **Improves Communication Skills:** Children learn to convey emotions, ideas, and messages effectively through various performance mediums.
5. **Enhances Performance Skills:** Regular participation in Eisteddfods helps children develop their performance skills, including timing, tone, and technique.



6. **Promotes Self-Discipline:** Preparing for an Eisteddfod requires dedication, hard work, and self-discipline, essential life skills for children to develop.
7. **Encourages Teamwork:** Many Eisteddfod events, such as choirs or dance troupes, promote teamwork, collaboration, and mutual support.
8. **Provides Opportunities for Feedback and Growth:** Constructive feedback from adjudicators helps children identify areas for improvement, fostering growth and development.
9. **Cultivates Appreciation for the Arts:** Participating in an Eisteddfod helps children develop an appreciation for various art forms, broadening their cultural understanding and empathy.
10. **Builds Resilience and Perseverance:** Overcoming nerves, setbacks, or disappointments in an Eisteddfod setting helps children develop resilience, perseverance, and a growth mindset.

By participating in an Eisteddfod, children can develop essential life skills, build confidence, and foster a lifelong appreciation for the performing arts.

We look forward to seeing your talent set the stage alight!



FLAME

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REGISTRATION & PAYMENT PROCESS

1. Online Registration:

- Participants must complete the online registration form with all required details.
- To register, use your web browser and type www.mime.co.za. Click on the green button **Registration Form** to register online.
- Ensure that the correct email address and mobile number is provided, as all correspondence, including invoices and schedules, will be sent via email or sms (depending on the preferred choice of communication).

• **Exact dates and times of various items will be communicated after the entry closing date.**

2. Invoice Issued:

- Once registration is successfully submitted, an invoice will be send via email or sms confirming registration and entry.
- The invoice will include payment details and the total amount due.

3. Payment:

- Payment must be made via EFT (Electronic Funds Transfer) to **FLAME Eisteddfod** account
Discovery Bank (Current)
Bank account number: 11739646495
Bank code: 679000
- The participant's name and invoice number must be used as a reference.

4. Confirmation of Registration:

- Registration is only complete once payment has been received in full.
- A confirmation email or sms will be sent to confirm successful registration.

Note: No entries will be processed without payment, and entry fees are non-refundable.

- **The organisers of this Eisteddfod reserve the right to cancel the event at their discretion. In the event of such cancellation, all moneys will be refunded.**

FEES

All entry fees must be paid in full by the closing date, 20 June 2025. Proof of payment must accompany the entry submission.

- Individual Entries: R95 per entry
- Small Groups (2 – 8 members): R85 per person
- Large Groups (9+ members, including choirs): R595 per group

For more information, stay tuned for updates or contact the FLAME Eisteddfod team.

Email: flameeisteddfod@gmail.com

Facebook: <https://www.facebook.com/share/1HBhohhpus/?mibextid=wwXlfr>

Whatsapp: 076 986 8471



CATEGORY INFORMATION

CATEGORY A: MUSIC

Solo instrumentalists may perform items unaccompanied or accompanied.

All solo performances should be entered in categories for “solo” performances (although it might be accompanied by a piano) and will be adjudicated as solo performances, except if the accompanist is also a student.

Ensemble entries can consist of a combination of vocal and instrumental.

When accompaniment is used, the standard of the accompaniment should at least equal the standard of the performance as it forms part of the ensemble.

Complete the online registration form by referring to the tables below:

Categories	Code
Solo (Primary School Gr 1 - 7)	A1
Solo (Secondary School Gr 8 - 12)	A2
Ensemble (duet, trio, quartet, quintet, maximum 8 participants)	A3
Orchestra (9+ participants)	A4

Solo Category Description	Code	Grade	Max. time limits
*Guitar	AA1	Gr 1 - 7	4 min
**Brass	AA2	Gr 8 - 12	7 min
***Woodwind	AA3		
****Strings	AA4		
Percussion	AA5		
Piano	AA6		
Recorder	AA7		
Other	AA8		

***Guitar:** guitar, electric bass, banjo, mandolin, ukulele

****Brass:** the trumpet, French horn, euphonium, tuba, cornet, flugelhorn, tenor horn (alto horn), baritone horn, mellophone

*****Woodwind:** piccolos, flutes, oboes, B flat clarinets, alto clarinets, bass clarinets, bassoons, alto saxophones, tenor saxophones, baritone saxophones

******Strings:** violin, viola, cello, double bass



CATEGORY INFORMATION

CATEGORY B: SINGING AND CHOIRS

All **solo performances** should be entered in categories for “solo” performances (although it might be accompanied by a piano or *backing track) and will be adjudicated as solo performances, except if the accompanist is also a student.

When accompaniment is used, the standard of the accompaniment should at least equal the standard of the performance as it forms part of the ensemble.

Please ensure that participants are entered under the correct category.

Teachers can select one performance piece i.e same song and train a group of students to do this item in the same way, each performer adding individual nuances and entering it as an individual item.

The use of sound equipment is not necessary, and performers will not be penalized if sound equipment is used.

Adjudication will be done on Tone Quality, Technical Preparation and Musical Effect.

The piece/song must be age appropriate and participants must understand their performance piece.

Choirs are required to perform a programme consisting of 2 songs.

Junior choirs (Gr 1 - 7) will be required to perform their songs in at least 2 voices. Maximum time limit: 8min

Senior choirs (Gr 8 - 12) will be required to perform their songs in 4 voices. Maximum time limit 14min

Complete the online registration form by referring to the tables below:

Categories	Code	Category Description	Code
Solo	B1	Folk song	BB1
Canon	B2	Classical song	BB2
Duet	B3	Oratorio	BB3
Trio	B4	Opera/Operetta	BB4
Quartet	B5	Musical Theatre	BB5
Ensemble (5 - 8 members)	B6	Jazz/Cabaret	BB6
Choir (9+ members)	B7	Contemporary	BB7
		Other	BB9

Grade	Max. time limits
Gr 1 - 7	4 min
Junior choir (Gr 1 - 7)	8 min
Senior choir (Gr 8 - 12)	14 min

* Backing tracks must be supplied before category start



CATEGORY INFORMATION

CATEGORY C: SPEECH AND DRAMA

- This section is applicable to English and Afrikaans sections.
- Each item has its own set of criteria, which will be used for adjudication.
- The quality and suitability of material chosen will be taken into consideration during adjudication.
- All pieces performed must be own choice.
- Introductions, setting the scene and endings are an integral part of the performance and will be included in adjudication. Therefore, props and settings should be kept simple, so that they are easy to rig and dismantle within the specified time.
- Participants must ensure that the time limit, as prescribed, is not exceeded. Exceeding the time limit may result in a deduction in marks.

Complete the online registration form by referring to the tables below:

Categories Solo ENGLISH	Code
Poetry (Gr R - 12)	CE1
Dramatised Poetry (Gr 1 - 12)	CE2
Prose (Gr R - 12)	CE3
Dramatised Prose (Gr R - 12)	CE4
Monologue (Gr 4 - 12)	CE5
Dialogue (Gr 4 - 12)	CE6
Public Speaking (Gr 4 - 12)	CE7
Choral Verse (Gr 1 - 9)	CE8
Group Scene (Gr 4 - 12)	CE9

Grade	Max. time limits
Gr R - 7	3 min
Gr 8 - 12	5 min

Kategorieë Solo AFRIKAANS	Kode
Poësie (Gr R - 12)	CA1
Gedramatiseerde Poësie (Gr 1 - 12)	CA2
Prosa (Gr R - 12)	CA3
Gedramatiseerde Prosa (Gr R - 12)	CA4
Monoloog (Gr 4 - 12)	CA5
Dialogoog (Gr 4 - 12)	CA6
Redenaars (Gr 4 - 12)	CA7
Spreekkoor (Gr 1 - 9)	CA8
Groep-toneel (Gr 4 - 12)	CA9



Category Description	Code	Grade	Maximum time limits
Poetry (Undramatised)	CE1	Gr R - 7	3min
<p>The poem must be memorised and recited. Performers may select any poems.</p> <p>The extract must be appropriate to their age and experience.</p> <p>A few hand gestures that add to the meaning or enhance the poem may be used. (Do not use hand gestures on every word.)</p> <p>Performance wear (comfortable black outfit or school uniform). No props or costumes.</p>	CA1	Gr 8 - 12	5min
Poetry (Dramatised)	CE2	Gr 1 - 7	3min
<p>The poem must be memorised and recited. Performers may select any poems.</p> <p>The extract must be appropriate to their age and experience.</p> <p>Movements and gestures must be used, but should not detract from the meaning and feeling of the poem being presented, i.e. do not use meaningless gestures /hand signals.</p> <p>Characterisation through voice and body and use of the stage must occur. Use of levels (stage blocks or chairs), simple props and costumes are encouraged. Ensure the poem allows for 'acting out' of the poem.</p> <p>Gestures and movement should be motivated and functional.</p> <p>Performance wear (comfortable black outfit). No props or costumes.</p>	CA2	Gr 8 - 12	5min
Prose (Undramatised)	CE3	Gr R - 7	4min
<p>A few hand gestures that add to the meaning or enhance the performance may be used. (Do not use hand gestures on every word.)</p> <p>Movement and the use of props will not be permitted, facial and vocal expression may be used.</p> <p>Performance wear (comfortable black outfit or school uniform). No props or costumes.</p>	CA3	Gr 8 - 12	8min
Prose (Dramatised)	CE4	Gr R - 7	4min
<p>The poem must be memorised and recited. Movements and gestures must be used, but should not detract from the meaning and feeling of the poem being presented, i.e. do not use meaningless gestures/hand signals. Characterisation through voice and body and use of the stage must occur. Use of levels (stage blocks or chairs), simple props and costumes are encouraged. Ensure the poem allows for 'acting out' of the poem. Gestures and movement should be motivated and functional.</p> <p>Performance wear (comfortable black outfit). No props or costumes.</p>	CA4	Gr 8 - 12	8min



Category Description	Code	Grade	Maximum time limits
Monologue (Comic/Dramatic)	CE5	Gr 4 - 7	4min
<p>Extracts may be selected from any play, script from a film or book (not poems) and should be dramatized in the first person, i.e. the participant takes on one particular character. (other invisible characters may be spoken to or reacted to).</p> <p>The piece may be the participant's own work. Please make clear mention of this.</p> <p>The participant should introduce and set the scene.</p> <p>The use of props and costumes are permitted, this should enhance the performance.</p>	CA5	Gr 8 - 12	8min

Dialogue	CE6	Gr 4 - 12	8min
<p>A conversation between two or more people as a feature of a book, play, or film.</p> <p>Props, costumes or costume bits (hats, scarves, bunny ears etc) may be used.</p>	CA6		

Public Speaking Grade 4-12

The topics are both for English and Afrikaans speaking learners.

Public Speaking / Redenaars	CE7	Gr 4 - 7	3min
<p>A public speech should entertain, inform, motivate, persuade or express a point of view. The speech should inform/persuade the audience on a certain issue, topic or subject. The topics must be age appropriate.</p> <p>It is compulsory for participants to make use of cue cards but must at the same time not be note bound.</p>	CA7		

CE7: Public Speaking Grade 4-7 Topics

- If I Were an Animal ...** : Imagine being your favorite animal for a day. What would you do? What would you see? Share your exciting adventure!
- My Favorite Hobby:** Talk about something you love doing in your free time. It could be playing a sport, drawing, reading, or collecting something. Share what makes it special to you.
- A Magical Day at School:** Imagine a day at school where anything is possible. What would happen? Would there be flying classrooms, robot teachers, or giant playgrounds? Share your fantastical ideas!
- Why I Love My Family:** Talk about what makes your family special. Share a favorite memory, tradition, or story that celebrates your family's love and connection.
- If I Could Travel Anywhere ...** : Imagine visiting any place in the world. Where would you go? What would you see? Share your exciting travel plans!
- My Hero:** Talk about someone you admire, such as a parent, teacher, or historical figure. Share what makes them special and why you look up to them.

Remember, the goal is to encourage creativity, confidence, and self-expression. Encourage children to speak from the heart and have fun!



CA7: Redenaars Graad 4-7 Onderwerpe

1. **As ek 'n dier was ... :** Verbeel jou dat jy, vir een dag lank, jou gunsteling dier is. Wat doen jy? Wat sien jy? Deel jou opwindende avonture!
 2. **My gunsteling stokperdjie:** Praat oor iets wat jy graag in jou vrye tyd doen. Jy kan gesels oor 'n sportsoort wat jy graag aan deelneem, iets wat jy versamel, wat jy geniet om te teken of te lees. Verduidelik waarom jy dit soveel geniet.
 3. **'n Magiese dag by die skool:** Wat sal gebeur as daar 'n dag is wat enige iets moontlik is by die skool? Selfs vlieënde klaskamers en robot-onderwysers! Laat jou verbeelding gaan en gesels oor hoe jy so 'n dag sien.
 4. **Ek is so lief vir my familie!:** Praat oor die dinge wat jou familie spesiaal maak. Deel 'n gunsteling herinnering, jul eie tradisies en jul liefde vir mekaar.
 5. **As ek na enige plek kon reis:** Verbeel jou dat jy na enige plek in die wêreld kan reis. Waarheen sal jy gaan? Wat sien jy daar? Deel jou opwindende reisplanne!
 6. **My rolmodel:** Praat oor iemand wie jy bewonder – dit kan 'n familielid wees, 'n vriend, 'n onderwyser of iemand uit die geskiedenis. Waarom is hierdie persoon so spesiaal vir jou?
- Onthou, die oogmerk hier is om kreatiewe denke en selfvertroue te bevorder. Deelnemers moet aangemoedig word om spontaan te kan gesels en dit te geniet!

Public Speaking / Redenaars

A public speech should entertain, inform, motivate, persuade or express a point of view. The speech should inform/persuade the audience on a certain issue, topic or subject. The topics must be age appropriate.

It is compulsory for participants to make use of cue cards but must at the same time not be note bound.

Please refer to at least 3 sources in your speech.

CE7

CA7

Gr 8 - 12

5min

CE7: Public Speaking Grade 8-12 Topics

1. **The Impact of Social Media on Society:** Discuss the effects of social media on relationships, mental health, and community.
2. **Climate Change:** A Call to Action: Share your thoughts on the urgent need for climate action, and propose solutions for individuals, communities, and governments
3. **My Hero:** A Personal Tribute*: Pay tribute to someone who inspires you, and explain why their actions, achievements, or character have made a lasting impact.
4. **Should Schools Uniforms be Abolished?:** Debate the pros and cons of school uniforms, and propose alternative solutions.
5. **The Influence of Historical Figures on Modern Society:** Choose a historical figure who has shaped contemporary society, and discuss their lasting impact.
6. **The Struggle is Real: Why Morning School Bells Should be Banned:** Use humor to argue why waking up early for school is a form of torture and why morning school bells should be abolished.
7. **The Secret Life of Pets (When No One's Looking):** Imagine what pets do when their owners are away, and create a humorous narrative about their mischievous antics.

Remember, the goal is to encourage creativity, confidence, and self-expression. Encourage children to speak from the heart and have fun!



CA7: Redenaars Graad 8 – 12 Onderwerpe

1. **Die invloed van Sosiale Media op die samelewing:** Bespreek die impak van Sosiale Media op verhoudings, mense se geestesgesondheid en die samelewing.
2. **Klimaatverandering – iets moet gedoen word!:** Deel jou denke oor die dringende behoefte dat klimaat-aksie geneem moet word. Gesels oor jou voorstelle vir aksie wat geneem kan word deur individue, gemeenskappe en die regering.
3. **My rolmodel – 'n huldeblyk:** Praat oor iemand wie jou inspireer, waarom die persoon jou rolmodel is en 'n blywende indruk op jou maak.
4. **Die afskaffing van skooluniforms:** debatteer die voor- en nadele van skooluniforms en maak jou eie voorstel oor 'n alternatiewe plan.
5. **Die invloed van historiese figure op die moderne samelewing:** Praat oor 'n persoon uit die geskiedenis wie 'n invloed op die hedendaagse lewe gelaat het. Beskryf die blywende impak wat hierdie persoon gemaak het.
6. **Waarom die lui van skoolklokke in die oggend afgeskaf moet word:** Gebruik humor as 'n benadering tot hierdie onderwerp en verduidelik waarom vroeë oggende 'n "pyn en lyding" is en hoe dit sal help as daar geen skoolklokke was nie.
7. **Die geheime lewe van troeteldiere (wanneer niemand naby is nie):** Laat jou verbeelding gaan oor wat gebeur wanneer troeteldiere se eienaars nie by hulle is nie. Waaroor "gesels" hulle en watter ondeundhede word aangevang?

Onthou, die oogmerk hier is om kreatiewe denke en selfvertroue te bevorder. Deelnemers moet aangemoedig word om spontaan te kan gesels en dit te geniet!

Choral Verse	CE8 CA8	Gr 1 - 9	8min
Interesting stage grouping of voice groups must be evident. In this category participants will be adjudicated from the moment they are announced to perform. Division of groups and individual voices must be evident. Movement, gestures, dramatisation and characterisation must be evident. Props, costumes or costume bits (hats, scarves, bunny ears etc) may be used.			

Scene (including dialogue)	CE9 CA9	Gr 4 - 7 Gr 8 - 12	8min 15min
A dramatised performance by three or more participants of an extract from a play. Learners from different grades may participate together but must be entered under the highest grade. Props and costumes may be used but it must be motivated and functional. Where props are used, participants must be able to carry it on and off performance space themselves.			



CATEGORY INFORMATION

CATEGORY D: DANCE

- Music or dance that forms part of any Association syllabus will not be allowed. Items will be disqualified immediately should there be an infringement of copyright.
- Time limits must be adhered to.
- In a dance production/revue a theme or story must be depicted. Any form of dance, or a combination of forms of dance may be presented by an unlimited number of participants. Pre-recorded voices and/or backing tracks and/or original tracks may be used. At least 3 different songs should be presented.

INDIVIDUAL & GROUP

Complete the online registration form by referring to the tables below:

Categories Solo	Code	Grade	Maximum time limits		
			Solo	Duet	Group
Acrobatics	D1	Gr 1 -12	2 min	4 min	6 min
African Dance	D2	Gr 1 -12	2 min	4 min	6 min
Ballet (Classical/Contemporary/ Demi-Character)	D3	Gr 1 -12	2 min	4 min	6 min
Contemporary / Lyrical	D4	Gr 1 -12	2 min	4 min	6 min
Free Movement (Fusion of Genres)	D5	Gr 1 -12	2 min	4 min	6 min
Hip-Hop / Funk / Street Dance	D6	Gr 1 -12	2 min	4 min	6 min
Modern Straight / Character	D7	Gr 1 -12	2 min	4 min	6 min
Spanish	D8	Gr 1 -12	2 min	4 min	6 min
Tap Straight / Character	D9	Gr 1 -12	2 min	4 min	6 min
Musical Theatre – Song & Dance Solo	D10	Gr 1 -12	2 min	4 min	6 min
Solo Dance Production	D11	Gr 1 -12	2 min	4 min	6 min
Dance Production / Review	D12	Gr 1 -12			15 min
Set Solo	D13	Gr 1-12	2 min	4 min	4 min

Categories Description	Code
Solo	DD1
Duet	DD2
Small Group (3-5 performers)	DD3
Large Group	DD4



CATEGORY INFORMATION

CATEGORY E: ART

- The copying of any image from the internet or any artist's work is therefore seen as plagiarism.
- The participants are urged to rather take their own photographs or draw from life. Any plagiarised work will be disqualified.
- The possibilities are endless.
- The artwork needs to be signed by the artist.
- Sizes: Any size up to A2 (420mm x 594mm).
- Please mount your artwork on cardboard for display purposes.

Complete the online registration form by referring to the tables below:

Categories	Code
Fine Art (Any media includes collages and mixed media)	E1
Drawing (On paper with any pencil, pen or charcoal)	E2
Photography	E3



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